

Doctors On Call - Diabetes

Dr. Ralph Sherman, director of the MetroWest Medical Center Diabetes Program and Linda McKay, diabetes educator, discusses all aspects of diabetes management. Find out what diabetes really is, how your body utilizes food for energy and why the body sometimes is unable to use sugar properly. Did you know there are different types of insulin? Do you know how to measure your blood sugar at home? Don't let diabetes control you. Learn to control diabetes by becoming aware of all the treatments that are available in addition to insulin and how you can monitor your blood sugars to stay healthy and fit.